



February 2019– YWNP

The Youth Wellness Navigation Program (YWNP) provides Aboriginal students and youth up to the age of 29 years with a range of services to facilitate improved performance, capability and well-being. Direct services include culturally based programming that address the physical, emotional, mental and spiritual well-being of the Aboriginal youth.

NOTES:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Boxing 7:00-8:00pm	2
3	4 Drop-In 10:00-12:00pm Youth Drop-In 5:00pm-9:00pm	5 Creative Arts in the GP 10:30-11:30am Baking Class 5:00-7:00pm	6 Baking Class 5:00-7:00pm	7 Ribbon Skirt and Shirt workshop (sign-up required) 2-4PM	8 Boxing 7:00-8:00pm	9
10	11 Drop-In 10:00-12:00pm Youth Drop-In 5:00pm-9:00pm	12 Drop-In	13 Drop-In	14 Creative Arts in the GP 10:30-11:30am Ribbon Skirt and Shirt workshop (sign-up required) 2-4PM	15 Boxing 7:00-8:00pm	16
17	18 FAMILY DAY	19 Creative Arts in the GP 10:30-11:30am Baking Class 5:00-7:00pm	20 Baking Class 5:00-7:00pm	21 Conference in Ottawa	22 Conference in Ottawa	23 Boxing 7:00-8:00pm
24	25 Drop-In 10:00-12:00pm Youth Drop-In 5:00pm-9:00pm	26 Drop-In	27 Drop-In	28 Creative Arts in the GP 10:30-11:30am Ribbon Skirt and Shirt workshop (sign-up required) 2-4PM		

Toronto Council Fire Native Cultural Centre- *Youth Wellness Navigation Program*



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