



February 2018

The Youth Wellness Navigation Program (YWNP) provides Aboriginal students and youth up to the age of 29 years with a range of services to facilitate improved performance, capability and well-being. Direct services include culturally based programming that address the physical, emotional, mental and spiritual well-being of the Aboriginal youth.

NOTES:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 YMCA 10:00-12:00pm Drum Group 2:30-5:00pm (ages 4-8)	2 Drop-In 10:00-12:00pm Admin afternoon	3
4	5 Drop-In 10:00-12:00pm YMCA 1:00-3:00pm	6 Open Kitchen 2:30-5:00pm Cultural Family Night 5:00-8:00pm	7 Radio Regent 3:00-5:00pm	8 YMCA 10:00-12:00pm Drum Group 2:30-5:00pm (ages 4-8)	9 Drop-In 10:00-12:00pm ROM 2:00-5:00pm	10
11	12 Drop-In 10:00-12:00pm YMCA 1:00-3:00pm	13 Open Kitchen 2:30-5:00pm Cultural Family Night 5:00-8:00pm	14 Radio Regent 3:00-5:00pm	15 Drum Group 2:30-5:00pm (ages 4-8) Indigenous Career Fair 10:00am-2:00pm	16 Drop-In 10:00-12:00pm Admin afternoon	17
18	19 FAMILY DAY	20 Open Kitchen 2:30-5:00pm Cultural Family Night 5:00-8:00pm	21 Radio Regent 3:00-5:00pm Youth Sweat Lodge @AHT 6:00pm	22 YMCA 10:00-12:00pm Drum Group 2:30-5:00pm (ages 4-8)	23 Drop-In 10:00-12:00pm ROM 2:00-5:00pm	24
25	26 Drop-In 10:00-12:00pm YMCA 1:00-3:00pm	27 Open Kitchen 2:30-5:00pm Cultural Family Night 5:00-8:00pm	28 Radio Regent 3:00-5:00pm			

Toronto Council Fire Native Cultural Centre- *Youth Wellness Navigation Program*



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